

School of Studies in Lifelong Education, Extension
and Social Work

Jiwaji University, Gwalior

M.A. Extension Education And Social Work

Session 2019-20, 2020-21

Syllabus

1st Semester (2019-20)

Course code	Course Name	Total Marks	Credit C(i)	End Semester Exam Marks		Sessional Marks	
				Max.	Min.	Max.	Min.
EESW101	Perspectives of Extension Education	100	4	60	21	40	14
EESW102	Introduction to Social Work	100	4	60	21	40	14
EESW103	Indian Society	100	4	60	21	40	14
EESW104	Social Problems and Legal Literacy	100	4	60	21	40	14
EESW105	Community Project	100	2	100	35	x	x
EESW106	Seminar	100	1	100	35	x	x
EESW107	Assignment	100	1	100	35	x	x
	Sub Total	700	20	540	189	160	56
EESW108	Comprehensive viva	100	4	100	35	x	x
	Grand Total	800	24	640	224	160	56

M.A. Extension Education and Social Work

2nd Semester (2019-20)

Course code	Course Name	Total Marks	Credit C(i)	End Semester Exam Marks		Sessional Marks	
				Max.	Min.	Max.	Min.
EESW201	Social Work & HRD	100	4	60	21	40	14
EESW202	Work with Individual & Families	100	4	60	21	40	14
EESW203	Psychological Perspectives in SW	100	4	60	21	40	14
EESW204	Community and Health Education	100	4	60	21	40	14
EESW205	Community Project	100	2	100	35	x	x
EESW206	Seminar	100	1	100	35	x	x
EESW207	Assignment	100	1	100	35	x	x
	Sub Total	700	20	540	189	160	56
EESW208	Comprehensive viva	100	4	100	35	x	x
	Grand Total	800	24	640	224	160	56

**M.A. Extension Education and Social Work
3rd Semester (2020-21)**

Course code	Course Name	Total Marks	Credit C(i)	End Semester Exam Marks		Sessional Marks	
				Max.	Min.	Max.	Min.
EESW301	Social Research: Methods and Statistics	100	4	60	21	40	14
EESW302	Work with Groups & Communities	100	4	60	21	40	14
EESW303(A)	Labour Welfare & Industrial Social Work	100	4	60	21	40	14
EESW303(B)	NGO Management and Social Development						
EESW304(A)	Women's Studies	100	4	60	21	40	14
EESW304(B)	Value Education & Human Rights						
EESW305	Field work report & Viva-Voce	100	2	100	35	x	x
EESW306	Seminar	100	1	100	35	x	x
EESW307	Assignment	100	1	100	35	x	X
	Sub Total	700	20	540	189	160	56
EESW308	Comprehensive Viva-Voce	100	4	100	35	x	x
	Grand Total	800	24	640	224	160	56

**M.A. Extension Education and Social Work
4th Semester (2020-21)**

Course code	Course Name	Total Marks	Credit C(i)	End Semester Exam Marks		Sessional Marks	
				Max.	Min.	Max.	Min.
EESW401	Social Welfare Administration	100	4	60	21	40	14
EESW402	Environmental Perspectives in S.W.	100	4	60	21	40	14
EESW403(A)	Guidance and Counseling	100	4	60	21	40	14
EESW403(B)	Population Studies						
EESW404(A)	Disaster Management	100	4	60	21	40	14
EESW404(B)	Education Technology						
EESW405(A)	Block Placement for Field Work & Viva	100	2	100	35	x	x
EESW405(B)	Research Project & Viva						
EESW406	Seminar	100	1	100	35	x	x
EESW407	Assignment	100	1	100	35	x	x
	Sub Total	700	20	540	189	160	56
EESW308	Comprehensive Viva-Voce	100	4	100	35	x	x
	Grand Total	800	24	640	224	160	56

M.A.Extension Education and Social Work

Perspectives of Extension Education

Paper 101 (First Semester) (2019-20) Marks 100 Cr. Total Credit
(Th.60 & Int.Ass.40) 4 4

- Unit-1** **Concept of Extension Education**
- Meaning, Definition, Scopes and Objectives of Extension Education.
 - Characteristics, Philosophical and Sociological Perspective of Extension Education.
- Unit- 2** **Principles Methods and Process**
- Principles of Extension Education
 - Methods of Extension Teaching
 - Steps in Extension Teaching
 - Aids of Extension Teaching
- Unit- 3** **Forms of Education**
- Formal Education & Extension
 - Informal Education & Extension
 - Non-formal Education
 - Adult Education & Extension
- Unit-4** **Historical Perspectives of Extension Education**
- Extension work in India.
 - National rural development programs & Extension
 - Extension Education in Abroad – America, Japan, Israel, China, Nepal & Myanmar.
- Unit-5** **Communication Support in Extension Work.**
- Overview of Communication
 - Role of Communication in development
 - Process and Motivation
 - Methods & Media of Communication

Reference Books:

- Bijendra Kumar - Extension Education for human resource development.
and B.S. Hansra -
S.V. Supe - Extension Education.
B.K. Choubey - Extension Education.
Dr.K.C.Mallaya - Jansankhya Shiksha
S.C.Srivastava - Dynamics of Demographic Studies
Dr.D.S.Baghel - Demography
Dr.J.P.Dubey - University Extension in India: A historical perspective
गीता पुष्प शाह - प्रसार शिक्षा
हरपालानी - प्रसार शिक्षा

M.A.Extension Education and Social Work
Introduction to Social Work

Paper 102 (First Semester) (2019-20) Marks 100 Cr. Total Credit
(Th.60 & Int.Ass.40) 4 4

- Unit I Concept of Social Work**
- Concept, definition and characteristics of Social Work.
 - Objectives and Principles of Social Work.
 - Scope of Social Work.
 - Functions of Social Work.
- Unit II History of Social Work**
- History of Social Work in U.K.
 - History of Social Work in U.S.A.
 - History of Social Work in India.
- Unit III Philosophy of Social Work**
- Basic Norms / Values of Social Work.
 - Philosophy of Social Work
 - Gandhian Philosophy of Social Work
- Unit IV Human Development**
- Concept and definition of Human Development,
 - Process of Development, Factors influencing human development.
 - Life span approach: Prenatal, Childhood, Adolescence, Adulthood, Old Age.
- Unit V Field Work in Social Work**
- Field Work: Concept and Objectives
 - Problems faced by students at field work placement
 - Importance of maintaining records.
 - Role of Social Worker in School.
 - Role of Social Worker in Hospital.

Reference Books

1. G.R.Madan - Social work
2. Jainendra Kumar Jha - An Introduction to Social Work
3. Samaj Karya - Dr.Surendra Singh & P.D.Mishra
4. Ram Babu Gupta - Child Psychology



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Indian Society

Paper 103 (First Semester) (2019-20) Marks 100 Cr. Total Credit
(Th.60 & Int.Ass.40) 4 4

- Unit- I. Indian Society**
- Meaning, Concept & Characteristics of Society, Community, Association, Institution, Social Group.
 - Concept & Characteristics of Social Group, Social Structure, Social Stratification.
 - Social Process, Cooperation, Competition, Conflict, Accommodation & Assimilation.
- Unit -II Sociological Concepts**
- Social Control: Meaning, Concept and Types
 - Socialization Process: Concept and Types
 - Social Change: Concept, Factors of Social Change
 - Social Development: Concept, Evolution, & Process
- Unit-III Sociology & Social Work**
- Relationship between Sociology and Social Work
 - Social Problems: Concept, Types and Aspects
 - Social Work Practices in Solving Social Issue
- Unit- IV Faction, Economics and Social Work**
- Faction: Meaning, Structure & Features, Causes of formation of factions
 - Land Reforms and In-debttness
 - Rural Social Problems
- Unit -V Current Sociological Perspectives**
- Urbanization
 - Leadership: Concept, Kinds, Characteristics & Changes
 - Industrialization & Globalization and its Impact on Social Life

Reference books:

A.R.Desai	-	Rural Sociology
B.R.Chauhan	-	Rural Sociology
M.N.Sriniwas	-	Social Change
Tomar and Goyal	-	Urban Sociology
Yogendra Atal	-	Rural Sociology

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Social Problems and Legal Literacy

Paper 104 (First Semester) (2019-20) Marks 100 Cr. Total Credit
(Th.60 & Int.Ass.40) 4 4

Unit I Social Problems

- Concept and definition of Social Problem.
- Characteristics and causes of social problem
- Weaker sections of society(meaning and concept)
- Indian Constitution: Preamble, Fundamental Rights, Directive Principles,

Unit II Social problems related to child and youth

- Child marriage (Concept, Causes, Impact and efforts to solve problem.)
- Juvenile Delinquency (Concept, Causes, Impact and efforts to solve problem.)
- Child Labour (Concept, Causes, Impact and efforts to solve problem.)
- Drug abuse
- Youth Unrest

Unit III Social problems related to women

- Crime and Women (Nature and Types)
- Domestic Violence
- Gender inequality
- Prostitution

Unit IV Problems related to People & Environment

- Population.
- Environmental problems
- Corruption
- Illiteracy

Unit V Human rights and Legal Literacy

- Human rights (concept and basic human rights)
- Human rights violation: causes and remedies
- Working of NHRC
- Criminal Procedure Code(Cr.P.C.)and Civil Procedure Code (meaning)
- Public Interest Litigation, Right To Information

Reference Books

- | | | | |
|---|-----------------------|---|-----------------------------------|
| 1 | Dilip Jakhad | - | Manavadhikaar |
| 2 | Ram Ahuja | - | Samajik Samasyayen |
| 3 | Dr.Pushpalata Taneja- | | Manavadhikaar aur Baal shoshan |
| 4 | Dr. Ganesh Pandey | - | Bhartiya Samajik Samasyayen |
| 5 | Ram Aahuja | - | Social Problems in India |
| 6 | Man Chand Khandela | - | Human Rights and Social Relations |

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Social Work & Human Resource Development

Paper 201 (Second Semester) (2019-20) Marks 100 Cr. Total Credit
(Th.60 & Int.Ass.40) 4 4

Unit – I Concept of Human Resource Development:-

- Concept, Meaning, & Definition,
- Characteristics, aims, objectives,
- Social work and its relationship with HRD

Unit – II Human Resource Planning:-

- Meaning and definition, characteristics,
- Scope, need benefits, planning at different level,
- Types, process and techniques.

Unit – III Social work in industrial setting:-

- Job analysis – Meaning and definition, characteristics,
- Scope, components, Job description, employee Specification, Techniques of job design.
- Career Planning – Meaning and Objectives, Process, Advantage and Limitations,
- Effective career planning, and Career Development.

Unit – IV Training and Development:-

- Concept, Meaning and Definition. Characteristics of Training
- Objective and Principles of training,
- Types & Methods of Training, Training Process

Unit - V Motivation, Moral and Discipline in Human Resource Development:-

- Motivation – Meaning and Definition, Characteristics, Nature, Classification, Importance, Theories and Process,
- Moral – Meaning and Definition, Characteristics, Affecting and Rising Factors.
- Discipline - Meaning and Definition, Characteristics, Objectives, Forms, Principles of Maintaining Discipline, Cause of Indiscipline, Misconduct, Punishments.

Reference Books:

- Birendra Kumar, B.S. Hansra – Extension Education for Human Resource Development
- Dr. C.B. Gupta – Human Resources Management
- N.K.Chaddha - Manav Sansadhan Prabandhan
- स्पदजवद – न्कलं चंतापा . ज्तंपदपदह – कमअमसवचउमदज
- आर.बी. एस. वर्मा, अतुल प्रताप सिंह – मानव संसाधन विकास एवं प्रबन्धन की रूपरेख

M.A.Extension Education and Social Work

Work with Individual and Families

Paper 202 (Second Semester) (2019-20) Marks 100 Cr. Total Credit
(Th.60 & Int.Ass.40) 4 4

Unit I Introduction

- Concept and definition of Social Case Work.
- Propositions & Assumptions of Case Work.
- Principles and Objectives of Case Work.
- Counseling, Difference between Social Case Work and Counseling.

Unit II Components of Social Case Work

- Person (Meaning of behavior, principles of human behavior, objectives and effects of behavior, status and role of a person)
- Problem (Definition & Causes of problem, types of problems and analysis)
- Place (Importance, types of places/ institutions, characteristics of institutions.)
- Process (Meaning, objectives & stages of process)

Unit III Tools of Case Work

- Listening
- Observation
- Interview
- Home visit
- Relationship

Unit IV Approaches of Social Case Work

- Psycho social
- Problem Solving
- Behavior Modification
- Crisis Intervention
- Functional

Unit V Problem Solving Techniques

- Supportive
- Reflective
- Logical Discussion
- Demonstration
- Environmental Modification

Reference Books

1. G.R.Madan - Social work
2. Perlman, Helen Harris - Social Case Work – A problem Solving Process
3. Grace Mathew - An Introduction to Social Case Work
4. Dr.Surendra Singh & P.D.Mishra - Samaj Karya
5. Jainendra Kumar Jha - An Introduction To Social Work

M.A.Extension Education and Social Work

Psychological Perspectives in Social Work

Paper 203 (Second Semester) (2019-20) Marks 100 Cr. Total Credit
(Th.60 & Int.Ass.40) 4 4

- Unit I Social Psychology – An Introduction:**
- Concept, definition of social psychology,
 - Scope of psychology, concept of human behavior
 - Social work and Social psychology, Study methods of social psychology.
- Unit II Factors influencing human behavior:**
- Culture and Personality: Meaning ,Type and heredity & environment
 - Meaning of personality, relationship in culture and personality,
 - Socialization: Agencies of socialization, theories of socialization,
 - Social Learning: Process and Factors of social learning.
- Unit III Social Behavior:**
- Public opinion: Meaning , characteristics, important steps involved in formation of public opinion, agencies and measurement of public opinion,
 - Crowd: Characteristics, psychology of crowd behaviors, and important theories of crowd behavior.
 - Rumour: Characteristics, causes and conditions of rumour, and checks on spread of rumour.
- Unit IV Social Control and Social Conflict:**
- Social control: Concept and forms of social control, law, religion and customs,
 - Social conflict: Nature, type, problem and resolution of social conflicts,
 - Social Deviance: Causes, remedies and theories related to solve problems.
- Unit V Social Psychology and its application:**
- Uses of social psychology in sphere of mental health,
 - Social psychology in crisis
 - Application of social psychology: National character and national integration.

Reference Books

1. Akolkar - Social Psychology
2. Young K. - Social Psychology
3. Ginsbergh M. - Social Psychology
4. Allport FH - Social Psychology
5. Mathur S.S. - Social Psychology
6. Mukerjee R.N. - Social Psychology

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Community and Health Education

Paper 204 (Second Semester) (2019-20)	Marks 100	Cr.	Total Credit
	(Th.60 & Int.Ass.40)	4	4

Unit I An introduction to Health Education :-

- Meaning, Definition & Components of Health
- Factor effecting Health
- Meaning, Definition and aims of Health Education
- Principles of Health Education
- Methods of Health Education Teaching

Unit II Health & Sanitation:-

- Personal hygiene
- Community hygiene
- Water and community health – Drinking water supply, water borne diseases
- Sanitation Practices , Swachch Bharat abhiyan and relevant programmes

Unit III Health and Nutrition

- Balanced Diet- Meaning, Concept and Definition, Components
- Nutrition – Meaning and Concept, Sources of nutrients in our food
- Diet and its nutritious values
- Malnutrition – meaning, definition, types, causes and remedies.

Unit IV Mental Health and Problems

- Mental health – Meaning, concept and definition, Factors influencing mental health
- Mental Problems and its social impact – anxiety, stress, depression, isolation panic attacks, schizophrenia
- Age related issues – Dementia, Alzheimer’s disease, memory loss, Parkinson’s - treatment and management
- Role of social worker in Suicidal Prevention

Unit V Health Education and Diseases

- Communicable diseases like infections, flue – concept, causes and its prevention
- Occupational diseases – Concept, types, causes and their prevention
- Sex related diseases: AIDS, STD – Social impacts, education and prevention
- Cancer – Definition, types, causes, cure, education and prevention

Reference Books: -

- Nirmal Verma - Swasthya Shiksha
- Dr.Daisy Shiokand - Swasthya Shiksha Main Adhunik Pravartiyam
- Dr.Jagdish Singh - Sharirik Shiksha Evam Swasthya Shiksha

- Donald J Greckon - Community Health Education
- Mary Ellen Wurzbrach - Community Health Education & Promotion
- V.K.Nanda - Health Education
- K,Park - Preventive & Social Medicine
- R.C.Mishra - Health and Nutrition Education
- Dr.Saket Ratan Tiwari - Health Education
- Y.Venkata R.K.Prasad - Health Education
- Dr.Laxmikant - Psychology and Community Health
- M.Swami Nathan - Ahar Evam Poshan Vigyan
- Prof.Amresh Kumar - Swasthya Vigyan Darpan
- Dr.Usha Gopal - Manav Shareer rachana evam kriya vigyan
- Chandra ballabh - Health care services in Hospital
- Dr. G.C. Satpathy - AIDS Transmission challenges in new millennium
- P.K. Bajpai - Social work perspectives on Health
- Digumarti Bhaskar Rao - Community and school, Nutrition Education
- G.P. shairi - Swasthya Shiksha



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Social Research: Methods & Statistics

Paper 301 (Third Semester) (2020-21) Marks 100 Cr. Total Credit
(Th.60 & Int.Ass.40) 4 4

Unit – I Social Science Research:-

- Meaning, Nature objectives and types, utility of research methods,
- Methods of social research, Pure and applied research, various theories of social research,
- Basic elements of social research- concept, variables, theories, operational definition.
- Social Work Research in India.

Unit II Research Methods:-

- Case Study Method – Meaning, concepts, procedure, features, approaches, advantage and disadvantage.
- Social Survey Method– Definition, subject matter, types, procedures, and growth, Merits and demerits, Social surveys in India.
- Experimental Method – Definitions, Types.
- Historical Method – Concepts and Source.
- Content Analysis Method

Unit III Methods of Data Collection and Research Design:-

- Sources of data, forms of data, principles of data collection
- Various method of data collection: observation interview questionnaire & schedule.
- Sampling- population, universe, types, techniques & procedures.
- Research design – meaning purpose, functions.
- Hypothesis – Meaning, Types, Formulation and Testing.

Unit IV Statistical Method in Social Research

- Use of statistics in social research.
- Parametric and non parametric concept in statistics.
- Various statistics methods – Averages, Mean, Median, Mode, Dispersion, t-test, chi square test, ANOVA, correlation and regression.

Unit – V Interpretation, presentation and report writing of research project:-

- Concept of interpretation and presentation, tabulation and classification, use of diagram, map and graphs.
- Standard format for referencing, footnotes, research abstracts and bibliography.
- Report writing – Deferent steps.

Reference Books:

- | | | |
|-------------------------|---|--|
| Devendra Thakur | – | Research methods in social survey. |
| Mk- IqjsUnz flag | & | Ikekftd vuqla/kku |
| Dr. Kathar | – | Research methodology, methods and Teaching |
| Dr. Sanjay Bhattacharya | – | Social work : An Integrated Approach |
| C.R. Kothari | – | Research Methodology methods & Techniques |

M.A.Extension Education and Social Work

Work With Groups and Communities

Paper 302 (Third Semester) (2020-21) Marks 100 Cr. Total Credit
(Th.60 & Int.Ass.40) 4 4

- Unit I Social Group Work**
- Meaning and Definition of Social Group Work.
 - Characteristics and Scope of Social Group Work.
 - Assumptions, Principles and Objectives of Social Group Work.
 - Skills in Social Group Work.
- Unit II Programmes in Group Work**
- Group Dynamics, Group Leadership.
 - Meaning and nature of programmes.
 - Importance of programme in Group Work.
 - Problem Solving Process in Social Group Work.
- Unit III Evaluation in Social Group Work**
- Meaning and Definition of Evaluation
 - Process of Evaluation of Social Group Work
 - Area of Evaluation of Social Group Work
 - Need of Evaluation
 - Characteristics of Evaluation
- Unit IV Community**
- Concept and Meaning of Community.
 - Types of Communities.
 - Peoples participation in community decisions.
 - Types of Problems of a Community (Water, Sanitation, Electricity, Health, Caste Problem, Religious Violence)
- Unit V Community Organisation**
- Concept and definition of Community Organisation.
 - Assumption, Principles and Objectives.
 - Steps in Community Organisation.
 - Activities under Community Organisation.

Reference Books:

- | | | |
|----|--------------------------------|---|
| 1. | Trecker H.B. | -Social Group Work- Principles & Practice |
| 2. | G.R.Madan | - Social work |
| 3. | Dr.Surendra Singh & P.D.Mishra | - Samaj Karya |
| 4. | S.D.Mudgal | - Introduction to Social Work |
| 5. | Prayaagdeen Mishra | - Samajik Samuhik Karya |

M.A.Extension Education and Social Work

Labour Welfare and Industrial Social Work

Paper 303(A) (Third Semester) (2020-21) Marks 100 Cr. Total Credit
Optional Paper (Th.60 & Int.Ass.40) 4 4

Unit – I Labour Welfare Concept:-

- Meaning, Need, Objectives, Scope,
- Historical perspective of labour welfare
- Agencies, Aspects, New Dimension.

Unit – II Wage and salary administration:-

- Objectives and Principles, Structure,
- Factors affecting, Methods of wage payment,
- Wage policy in India, Wage incentives, Advantage and Limitation, Intensive Plans,
- Concept of profit sharing- Advantage and Disadvantage, Workers participation in management, conceptual overview.

Unit – III Industrial Relations and Industrial Disputes:-

- Concept, Objectives and approaches,
- Industrial unrest in India, Causes of Industrial disputes, preventive and settlement machinery.
- State and Industrial relations.

Unit – IV Role of trade unions in labour welfare:-

- Meaning, Objectives and functions of Trade unions,
- Structure and Types of Unions, trade union movements in India.
- Problems of Trade Unions, limitations and advantages of trade union.
- Collective Bargaining – Meaning and objectives, Importance and requirements, Collective bargaining in India.

Unit – V Social Welfare and Social Security:-

- Scope of Social Welfare, Principles of Social Welfare, Task of Social Welfare,
- Concept of social security in India, The Employees Insurance Act, The Employees Provident Fund and Miscellaneous Provisions Act, The Maternity Benefit Act, The Payment of Gratuity Act.

Reference Books:

5. Dr. C.B. Gupta – Human Resource Management
6. Mk- prqHkqZt ekeksfj;k & lsfooxZ izca/k ,oa vkS/kksfxd lEca/k
7. Dr. D.R. Sachdeva – Social Welfare administration in India
8. Dr. Sanjay Bhattacharya – Social Work: An Integrated Approach

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NGO Management and Social Development

Paper – 303 (B) (Third Semester) (2020-21) Marks 100 Cr. Total Credit
Optional Paper (Th. 60 & Int.Ass. 40) 4 4

- Unit-I** **Introduction to Non Government Organization**
- NGO's : Definition, Concept, Objectives & Types
 - History of NGO's in India
 - Functions and Roles of NGO's
 - Present Status of NGO's
 - NGO's Movements in Other Countries

- Unit-II** **NGO's and its fields of work**
- Role of NGO's and Criteria for NGO's Support
 - NGO's and community development
 - Major Schemes of the Government of India in Various Sectors

- Unit-III** **NGO's and multidimensional aspect**
- Role of NGO's in Self help Group
 - Role of NGO in watershed management.
 - Role of NGO in wasteland management
 - Social Movement in India: Women's Movement, Dalit's Movement, Peasant, Movement and etc.

- Unit-IV** **Establishment of NGO's**
- Societies Registration Act, 1860
 - Charitable Endowments Act, 1890 (with Charitable Endowments (Central) rules 1942
 - Cooperative Societies Act, 1912
 - Company Act, 1956 (Some Relevant Part)
 - Indian Trust Act, 1882

- Unit-V** **National and international organisations**
- UN Agencies – UNICEF, WHO, FAO, SAID, RED CROSS, CARE, FORD FOUNDATION ETC
 - Donor Agencies
 - Other International Agencies
 - World Bank, IMF and Asian Development Bank

Reference books:

NGOs in India: role, guidelines & performance appraisal - Puran Chandra
Rural Development through NGO's - A.K. Kapoor & Dharamvir Singh

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Women's Studies

Paper – 304 (A) (Third Semester) (2020-21) Marks 100 Cr. Total Credit
Optional Paper (Th. 60 & Int.Ass. 40) 4 4

Unit 1 - Basic Concepts

- Concept - Sex and Gender - meaning, definition, difference, stereotyping
- Feminism and its types - Liberal, Marxist, Radical, Socialist
- Women's Movements - First Wave, Second Wave

Unit 2 - Historical Perspective

- Status of women - Pre Independence, Post - Independence
- Women's movement - Global - First Wave, Second wave, Third Wave
- Historical review of status of women - Rigvedic period, Later Vedic period
- Demographic Characteristics of women population in India

Unit 3 - Women Empowerment

- Women Development Concept - Meaning, Definition
- Indicators of Empowerment - Women and Development (WAD), Women in Development (WID), Gender and Development (GAD)
- Government policy and programmes
- Non Governmental measures towards empowerment of women - Special Development Goals

Unit 4 - Issues and Challenges

- Female literacy and education - Gender bias enrolment, Dropouts
- Vocational and technical training
- Micro credit programmes for women - SHGs
- Concerns - Health - inadequate nutrition, skewed girl child ratio, son meta preference, maternal mortality rate, anaemia in adolescent girls
- Violence against women - Concept, meaning - female foeticide, molestation, sexual harassment, murder, stalking, rape, domestic violence, dowry demands.

Unit 5 - Safeguard measures

- Women's rights - Social, Political, Legal, Economic, Religious
- Constitutional provisions - Fundamental Rights, Directive Principles of State Policy, Fundamental Duties specific to women
- Legal provisions - Domestic Violence (Prevention) Act, 2005, PCPNDT Act, 1994, Dowry Prohibition Act, 1961, Sexual Harassment Prevention act, 2013, Maternity Benefits act, 1961, Indecent Representation of Women's Act 1986
- Reservation in PRIs
- Enforcement and grievance redress machinery - National Commission for Women, Family Courts, Ministry of Women and Child Development

Reference Books

12. 'Status of Women in Modern Society' by Kavita Mishra
13. 'Women & Education issues and Approaches' by Nirmala Sharma
14. 'Women Empowerment through SHGs' by Jyoti K Heggani
15. 'Family Welfare Programme' by Ranjana Desai
16. 'Gender, School & Society' by Mahesh Bharghav & Ranjana Pandey
17. 'Status of Women & Children in India' by Sunit Gupta and Mukta Mittal
18. 'Crime against Women & Protective Laws' by Shobha Saxena
19. 'Health status of Indian Women', Tata Institute of Social Sciences, 1988
20. 'Encyclopedia of Gender equality through Women Empowerment', (Volume 2), Maya Mazumdar
21. UN Handbook on National Action Plan on violence against Women
22. 'Indian Women present status & future Prospects', Pruthi Raj Kumar & Pruthi Romila, Mangal Days Publication, 2003

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Value Education and Human Rights

Paper – 304 (B) (Third Semester) (2020-21)	Marks 100	Cr.	Total Credit
Optional Paper	(Th. 60 & Int.Ass. 40)	4	4

Unit-I Concept of Human Value, Value Education towards Personal Development

Aim of Education and value education: Evolution of value oriented education; Concept of Human value; types of value; Components of value education Character Formation Towards Positive Personality: Truthfulness Constructively Sacrifice, Sincerity, Self Control, Altruism, Tolerance, Scientific vision.

Unit-II Value Education towards National and Global Development

National and International Value - Constitutional or national value – Democracy, socialism, secularism, equality, justice, liberty, freedom and fraternity
Social Values – Pity and probity, self control, universal brotherhood
Professional Value – Knowledge trust, sincerity in profession, regularity, punctuality and faith.
Religious Value – Tolerance, wisdom, character
Aesthetic Value – Love and appreciation of literature and fine arts and respect for the same.

Unit-III Human Rights

Concept of Human Rights – Indian and International Perspectives.
Evolution of Human Rights
Definitions under Indian and International documents
Indian constitution and Human Rights

Unit-IV Human Rights and its types

Classification of Human Rights
Human Rights of Women and children
Human Rights of Worker

Unit-v Violations and Redressel

- Violation by State
- Violation by Individuals
- Nuclear Weapons and terrorism
- Safeguards
- Human Rights Commission

Reference Books:

Dilip jakhad	Manavadhikaar
Dr. Pushpalata taneja	Manavadhikaar aur bal soshan
Manchand Khandela	Human rights and Social relations

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Social Welfare Administration

Paper 401 (Fourth_Semester) (2020-21) Marks 100 Cr. Total Credit
(Th.60 & Int.Ass.40) 4 4

Unit I Concept of Social Welfare

- Concept, definition, and scope of social welfare,
- Difference between social work and social welfare,
- Welfare state in India, Evolution of social welfare in India.

Unit II Social Welfare Administration

- Concept, definition and scope of Social Welfare Administration
- Principles and Task of Social Welfare Administration
- Role of Welfare Ministry, State Welfare Board and Non-Government Organizations in Social Welfare.

Unit III Voluntary Organisation

- Concept, Characteristics and functions & Classification of Voluntary Organisation.
- Weaknesses and deficiencies of Voluntary Organisation.
- Evolution of Voluntary Action in India.
- Role of Voluntary Organizations in Social Welfare.

Unit IV Social Welfare Programme

Study of social welfare programmes in India:-

- Family Welfare
- Child Welfare
- Youth Welfare
- Welfare Programmes for disabled
- Labour Welfare
- Welfare for the Aged.

Unit V Social Defense Services Administration

- Concept of Social Defense,
- Prisoners Welfare,
- Suppression of immoral traffic in India,
- Beggary,
- After care Services, National Institute of Social Defense and its functions.

Reference Books

1. G R Madan - Social Work
2. Dr.Hajira Kumar - Theories in Social Work Practice
3. Dr. Girish Kumar - Fields of Social Work
4. Dr.D.R.Sachdev - Social Welfare Administration in India
5. Dr.D.R.Sachdev - Bharat Main Samaj Kalyan Prashasan

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Environmental Perspectives in Social Work

Paper - 402 (Fourth_Semester) (2020-21) Marks 100 Cr. Total Credit
(Th.60 & Int.Ass.40) 4 4

Unit I **Man and Environment Relations**

- Introduction of Environment, Structure and Types of Environment.
- Environment and Ecology, Environment and Resources,
- Relationship between Man and Nature

Unit II **Ecology and Ecosystem**

- Concept, Objectives, Scope, Types, Areas and Principles of Ecology.
- Concept, Types, Components, Functions and Stability of Ecosystem.

Unit III **Environmental Degradations**

- Concept, Types and Process of Environmental Degradation.
- Factors of Environmental Degradation.
- Problems and Impact of Environmental Degradation.
- Extreme events hazards and disaster.

Unit IV **Environmental Pollution**

- Concepts, Sources, and Classification of pollution.
- Air Pollution, Water Pollution, Solid Waste Pollution, Noise Pollution
- Impact of Pollution,
- Pollution Problem in India.

Unit V **Environmental Planning and Management**

- Concepts of Environmental Planning and Management,
- Aspects and approaches of planning and management,
- Concept of resource management, Meaning and Classification of resources, Preservation and Conservation of Ecological Resources.

Reference books:

1. Savindra Singh - Paryavaran Bhoogol
2. Dr.Aruna & Dr.ChitralkhaRaghuvanshi- Paryavaran tatha Pradooshan
3. Dr.Dhananjay Verma - Paryavaran Chetna
4. T.D.Brock -The Ecosystem and the study State Bioscience
5. V.K.Kumar -A Study in Environment pollution.
6. Savindra Singh - Environmental Management: Some New Dimensions.
7. D.R.Stoddart - Geography and Ecological Approach
8. Girish Chopra - Environmental Geography

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Guidance and Counseling

Paper – 403 (A) (Third Semester) (2020-21)	Marks 100	Cr.	Total Credit
Optional Paper	(Th.60 & Int. Ass. 40)	4	4

UNIT I: GUIDANCE

- Meaning and Definition, Developmental concept of Guidance leading to Modern Concept, Nature and Scope of Guidance,
- Aims and Principles of Guidance.
- Guidance and Education: Specific Relationship. Revolutionary changes in Modern Human Society. Need of Guidance-General and with special references to Indian Cultural Background.

UNIT II: COUNSELLING

- Meaning, historical development and importance of counselling.
- Types -Individual and Group counselling. Approaches of counselling: Directive, Non directive. Eclectic counselling. Techniques in counselling: Steps of counselling. The Qualities of effective counsellor.
- Counselling Skills-Building Trust: Listening, attending, building rapport, demonstrating empathy, observing, Interview (types of Interview), procedure of conducting interview. Preparation, process, interpretation, recording, and termination.

UNIT III: TOOLS AND TECHNIQUES

- Criteria of Good Guidance test: general, practical & psychological. Simple (Non Standardized)
- Tools of Guidance – Characteristics, construction and use by the Guidance worker. Anecdotal and cumulative records, Autobiography and self reports,
- Questionnaire, Rating Scale and Checklist, Observation and Interview schedules,
- Intelligence, Personality, Creativity, Aptitude, Attitude and Interest.

UNIT IV: UNDERSTANDING THE INDIVIDUAL

- Individual Differences in the process of Guidance and Counseling -Nature and Importance.
- Nature of Individual's Personality, its significance.
- Educational and Vocational Planning, world of work and world of education.
- Importance of assessing interest for educational and vocational guidance

UNIT V: ORGANIZATION OF GUIDANCE PROGRAM AT VARIOUS LEVELS

- Secondary and college level, Need for Practical Programs of Service.
- Basic Services of Guidance and Counseling, Role of various personnel and agencies in an organized program of services.
- Referral Services – Special and Community.

REFERENCES

- Agarwala J.C: Educational and Vocational Guidance & Counseling, Doaba House, New Delhi,1965.
- Barki B.G.,& Mukhopadhyay B : Guidance and Counseling- A manual, Sterling Publishers Pvt. Ltd, New Delhi,1989.
- Bhatnagar R.P : Guidance and Counseling in Education and Psychology, R. Lall Book Depot, Meerut,2011.
- Bernard, H.W.: Towards Better Personal Adjustment. McGraw Hill Book Co., New York,1957.
- Cattle, C. and Downie, N.M.: procedures and preparation for counseling, Englewood Cliffs, New Jersey, 1960.
- Chauhan S.S: Principles and Techniques of Guidance, Vikas Publishing House Pvt. Ltd, New Delhi,2001.
- Chibber S.K: Guidance and Educational Counseling, Common Wealth Publishers, New Delhi,2008.
- Crow and Crow : An Introduction to Guidance, Eurasia Publishing House (P) Ltd, New Delhi,1962.

M.A.Extension Education and Social Work

Population Studies

Paper – 403 (B) (fourth Semester) (2020-21)	Marks 100	Cr.	Total Credit
Optional Paper	(Th. 60 & Int.Ass. 40)	4	4

UNIT- I An Introduction to Population Education:-

- Definition & Concept of Population Education.
- History Perspective of Population Education.
- Objectives and approaches of Population Education.
- Components of Population Education and its relation with other discipline.

UNIT- II Demographic Trends of Population in India:-

- Status of Population in Madhya Pradesh and India.
- Distribution and density of Population in India.
- Causes of Population growth of India
- Constrictions of Population in India Religious, Social Economics & Political.
- Population Migration, Demographic terminologies.

UNIT- III Population and Quality of Life:-

- Meaning of quality of life and development.
- Consequences of Population growth of India.
- Impact of Population growth on quality of life.
- Impact of Population on health service, housing, food, education environment, employment etc.

UNIT- IV Managing Population Resources and Environment:-

- Sustainable management of resources-unsustainable consumption and production pattern and their impact of environment need for fostering production resource use and prevention of environment degradation.
- Interrelation between population and environmental issues.
- Improving quality of the environment

UNIT- V Population and Sustainable Development:-

- Integration and population issues in the development strategies : Planning decision making and resource allocation for meeting the needs of all, promoting social justice and eradication of poverty.
- Interrelationship between eradication of poverty and population stabilization.

References:-

1. Mehata : "National Conformal of population on Education", N.C.E.R.T., New Delhi
2. S.P.Jain : "Indian Population Situation", N.C.E.R.T., New Delhi
3. Mehta and Choudhary : "Population of Education" N.C.E.R.T., New Delhi
4. डॉ. के.सी. मलैया एवं शर्मा : "जनसंख्या शिक्षा", विनोदपुस्तकमन्दिर, आगरा।
5. पुष्पादुबे : "जनसंख्या शिक्षण" विवेकप्रकाशन, जवाहरनगर, दिल्ली।
6. सिंह एवं यादव : "जनसंख्या शिक्षा के मूलतत्त्व" जिन्दलबुकस्टोर, महेश्वरीगंज, हापुड़।

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DISASTER MANAGEMENT

Paper – 404 (A) (Fourth Semester) (2020-21)	Marks 100	Cr.	Total Credit
Optional Paper	(Th. 60 & Int.Ass. 40)	4	4

- Unit-I** **Disasters:** An Overview: Disaster: meaning, factors, significance, causes and effects; Type of disasters: earthquake, flood, cyclone, drought and famine, landslide, snow avalanche, fire, forest fire, industrial and technological disasters and epidemics: conflicts, community/ethnic clashes and warfare.
- Unit-II** **Planning Disaster Management:** Planning, policies and management of disasters: Awareness about disasters: public awareness programme and mobilizing community participation; Role of various agencies: Government military and para-military forces, NGOs, media, disaster mapping predictability, forecasting, preparing community and mitigation.
- Unit-III** **Impact of disasters:** on individuals, families, groups; on children women and the elderly; physical, economic and psycho-social.
- Unit-IV** **Relief and Reaching out:** Search, rescue, evacuation and shelter for victims; Clearance of debris, disposal of the dead and damage assessment; Trauma centre management: psycho-social care; emergency health operations and safety measures: drinking water, food nutrition and hygienic sanitation; Emergency support functions and their coordination.
- Unit-V** **Reconstruction and rehabilitation:** Rehabilitation: social, economic, health and hygiene aspects; Reconstruction and rehabilitation; Disaster resistant housing, house relocation, repairing, strengthening of house, Monitoring and evaluation.

Reference books:

1. Abarquez I and Murshed Z, 2004, Community-Based Disaster Risk Management: Field Practitioners Handbook New Delhi, Asian Disaster Preparedness Center
2. Anderson M and Woodrow P., 1998, Rising from the ashes: Development Strategies in times of Disaster, London: ITDG Publishing, WWW.itdgpublishing.org.uk
3. Blaikie P, Cannon T, Davis I and Wisner B, 2004, At risk: Natural hazards people's vulnerability and disaster, London; Routledge.
4. Carter I 2002, Preparing for disaster, PILLARS Guide, Tearfund UK, Order from roots@tearfund.org or download from www.tearfund.org/tilz
5. Carter I, 2003, Mobilising the community the community PILLARS Guide, Tearfund UK, Order from roots@tearfund.org or download from www.tearfund.org/tilz
6. Deshpande B.G. 1996, Earthquakes Animals and Man Gurgaon : JAC Trust
7. Heijmans A and Victoria L 2001, Citizenry-Based and Development-Oriented Disaster Respons, Philippines: Centre for Disaster Preparedness.
8. Monan, Munasingheand Clarke Clarkecaroline, 1992, Disaster Prevention fro Sustainable Development, Economic and Policy Issues, Geneva : World Bank
9. Murthy, D.B.N. 2007, Disaster Management: Test and Case Studies, New Delhi Deep & Deep

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Educational Technology

Paper – 404 (B) (Fourth Semester) (2020-21)	Marks 100	Cr.	Total Credit
Optional Paper	(Th. 60 & Int.Ass. 40)	4	4

UNIT I: CONCEPT OF EDUCATIONAL TECHNOLOGY

Educational technology: concept, definition, meaning, nature, scope, & significance, Teaching technology and instructional technology, development of instructional technology, trends in educational technology, mass instructional technology, role of technology in education.

UNIT II: APPROACHES OF EDUCATIONAL TECHNOLOGY

Hardware, software and system approach: definition, characteristics and advantages. Designing and analyzing system, implementation of system approach in education, concept of cybernetics and system analysis.

UNIT III: COMMUNICATION PROCESS

Communication Process: Concept, nature, process, models and barriers, Mass media – selection and types, Multimedia approach, Classroom communication, Education and Training: Face-to-face, Distance and other alternative modes, Information Theory Channels of communication through mass media in education & Instructional Strategies: lecture, team teaching, discussion, seminar, tutorials, Mastery Learning.

UNIT IV: MULTI SENSORY AIDS

Concept, definitions, Classification: Audio, Visual, and Multi Sensory.

Principles of selection of teaching aids, importance and uses.

Audio/Radio: Broadcast and audio recordings - strengths and Limitations, criteria for selection of instructional units, script writing, Video/Educational Television:

Telecast and Video recordings - Strengths and limitations, Use of Television and CCTV in instruction and Training,

UNIT V: DESIGNING INSTRUCTIONAL SYSTEM

Formulation of instructional objectives, Task Analysis, Instructional Material: PLM – Meaning, types: LPLM, BPLM. MPLM, developing various types of PLM. Development of Modules.

Reference books:

- Agrawal, J.C.: Essentials of Educational Technology – Teaching Learning Innovations in Education, Vikas Publishing House, New Delhi, 1996.
- Alberto, P.A. & Tontman, A.C. Applied Behaviour Analysis for Teachers. London: Merrill Publishing Co, 1986.
- Bhushan, S.: Educational Technology, Vinod Pustak Mandir, Agra, 1986.
- Chouhan, S.S.: Innovations in Teaching and Learning Practices, Vikas Publishing House, New Delhi, 1973.
- Chouhan, S.S.: Textbook of Programmed Instruction, Sterling Publication, New Delhi, 1982.
- Das, R.C. Educational Technology: A Basic Text. New Delhi: Sterling, 1992.
- Dececco. J.P. Educational Technology, New York: HRW, 1964.
- Kocharan, Kieffer: Audio Visual Aids, Prentice Hall, New Delhi, 1966.
- Kulkarni, S.S.: Introduction to Educational Technology, Oxford and IBH, New Delhi, 1986.
- Joshi, A., & Passi, B.K.: Controlled Learning, National Psychological Corporation, Agra, 1998.
- Mohanty, J.: Educational Broadcasting, Sterling Publishers, New Delhi, 1984.
- Rao. V. Educational Technology. Delhi: Himalayan Publishing House, 1991.

- Sampath, K. et al.: Introduction to Educational Technology, Sterling Publisher, New Delhi, 1981.
- Sharma, A.R.: Educational Technology, Loyal Book Depot, Meerut, 1982.
- Sharma, A.R.: Programmed Learning, Loyal Book Depot, Meerut, 1982.
- Wilson, Bob: The Systematic Designs of Training Courses, Parthenon Publishing, U.S.A., 1987.